

Staff Handbook

Name	<i>Dr.Toto Sudargo MKes</i>		
Post	<i>Community Nutrition</i>		
Academic career	<i>Initial academic appointment</i>	<i>Institution</i>	<i>Year</i>
	<i>Bachelor in nutrision, Faculty of Medicine</i>	<i>Diponegoro University</i>	<i>1989</i>
	<i>Master in Public Health, Faculty of Medicine, Public Health, and Nursing</i>	<i>Gadjah Mada University</i>	<i>1995</i>
	<i>Doctor in Medicine and Health Science, Faculty of Medicine, Public Health, and Nursing</i>	<i>Gadjah Mada University</i>	<i>2005</i>
Employment	<i>Position</i>	<i>Employee</i>	<i>Period</i>
	<i>Associate Expert Assistant</i>	<i>Nutrition Department, Yogyakarta Nutrition Academy</i>	<i>1992-1996</i>
	<i>Expert Assistant</i>	<i>Nutrition Department, Yogyakarta Nutrition Academy</i>	<i>1996-1998</i>
	<i>Lecturer</i>	<i>Nutrition Department, Yogyakarta Nutrition Academy</i>	<i>1998-2003</i>
	<i>Development Field Manager</i>	<i>Faculty of Medicine, Public Health, and Nursing, Gadjah Mada University</i>	<i>1998-2005</i>
	<i>Vice Director for education</i>	<i>D4 nutrition, Gadjah Mada University Faculty of Medicine, Public Health, and Nursing, Gadjah Mada University</i>	<i>1999-2003</i>
	<i>Vice Director for student, alumni affairs, and marketing program in Public Health</i>	<i>Cito laboratory</i>	<i>2000-2004</i>
	<i>Nutrition Consultrant</i>	<i>Nutrition Departement, Faculty of Medicine, Public Health, and</i>	<i>2012-present</i>
	<i>Head of Departement</i>		<i>2014-2020</i>

	<p>Validator and Assessor Team of Directorate of Processed Food Standardization</p> <p>CONSULTANT Head of Nutrition Installation</p> <p>Nutrition consultant Consultant</p> <p>Assessor and Validator</p>	<p>Nursing, Gadjah Mada University LAMPT-KES BPOM KEMENKES</p> <p>Happyland Hospital Yogyakarta Cito laboratory</p> <p>Public Health Service in Kediri LAMPTKES</p>	<p>2015-present 2020-present</p> <p>2002-2014</p> <p>2014-present 2012-2013</p> <p>2015-present</p>						
Research and development projects over the last 5 years	<ol style="list-style-type: none"> 2018 : Effect of Comprehensive Mp-Asi Feeding Practices and High Protein Biscuits on Maternal Self-Efficacy, Feeding Practice, Dietary Diversity, Dietary Intake, Physical Growth, Cognitive Development, and Morbidity of 6-12 Months Old Toddlers 2018 : Effect Dose-Response Furikake Supplementation Based Algae (<i>Ulva sp.</i>) and Tuna (<i>Thunnini</i>) on Weight Gain of Malnutrition Wistar Rats (<i>Rottus norvegicus</i>) 2019 : Effect of Furikake Ulvamina Supplementation on Growth and Development of Stunted Children 12-16 Months in Bantul, Yogyakarta 2019 : Development Product Powder Food Based of Pumpkin and Tuna (CHAGURO) as Dietary Therapy for Prediabetic Individuals with Dyslipidemia 2020 : Development Product Powder Food Based of Pumpkin and Tuna (CHAGURO) as Dietary Therapy for Prediabetic Individuals with Dyslipidemia (tahap lanjut) 2021 : Development of Instant Porridge for older people "Bensuka" to Lipid Profiles, Inflammatory Markers, and Fitness in older people with Dyslipidemia 2021 : Development of Camil Food "Chamcham Chips" for Anemia Prevention in Adolescent Girls in Boarding School Yogyakarta and Gontor 1 2022 : Matching Fund Kedaireka Kemendikbudristek: GAMA EMAS JOMBANG 								
Industry collaborations over the last 5 years	<table border="1"> <thead> <tr> <th>Project title</th> <th>Partners</th> <th>Year</th> </tr> </thead> <tbody> <tr> <td>Effect of Comprehensive Mp-Asi Feeding Practices and High Protein Biscuits on Maternal Self-Efficacy, Feeding Practice, Dietary Diversity, Dietary Intake, Physical Growth, Cognitive Development, and</td> <td>Ministry of Health and DIKTI</td> <td>2018</td> </tr> </tbody> </table>			Project title	Partners	Year	Effect of Comprehensive Mp-Asi Feeding Practices and High Protein Biscuits on Maternal Self-Efficacy, Feeding Practice, Dietary Diversity, Dietary Intake, Physical Growth, Cognitive Development, and	Ministry of Health and DIKTI	2018
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	Morbidity of 6-12 Months Old Toddlers		
	Effect Dose-Response Furikake Supplementation Based Algae (<i>Ulva sp.</i>) and Tuna (<i>Thunnini</i>) on Weight Gain of Malnutrition Wistar Rats (<i>Rottus norvegicus</i>)	Hibah nutrition departement Faculty of Medicine, Public Health, and Nursing, UGM	2018
	9. Effect of Furikake Ulvamina Supplementation on Growth and Development of Stunted Children 12-16 Months in Bantul, Yogyakarta	Hibah nutrition departement Faculty of Medicine, Public Health, and Nursing, UGM	2019

Patents and proprietary rights	<table border="1"> <thead> <tr> <th>Title</th> <th>Year</th> </tr> </thead> <tbody> <tr> <td>Instrument for the Role of Health Workers as Role Models of Healthy Living Behavior (Roles As Healthy Model)</td> <td>2019</td> </tr> <tr> <td>Risk Group Food Program Learning Module</td> <td>2020</td> </tr> <tr> <td>Program for Providing Food in Extraordinary Events of Food Poisoning</td> <td>2020</td> </tr> <tr> <td>Feeding Program for Homeless Groups and Orphans</td> <td>2020</td> </tr> <tr> <td>Feeding Program for the Elderly</td> <td>2020</td> </tr> <tr> <td>Feeding Program for People with HIV/AIDS</td> <td>2020</td> </tr> <tr> <td>Bioethics Video Tutorial Scenario 1 "Ethic of Animal Research"</td> <td>2020</td> </tr> <tr> <td>Bioethics Video Tutorial case 1 "Nutrition Services for Malnutrition Children"</td> <td>2020</td> </tr> <tr> <td>Bioethics Video Tutorial Scenario 2 "Ethic of Human Research"</td> <td>2020</td> </tr> <tr> <td>Bioethics Video Tutorial case 3 "Collaboration with MSG Company"</td> <td>2020</td> </tr> <tr> <td>How to Make and Prepare Complementary Food</td> <td>2020</td> </tr> </tbody> </table>		Title	Year	Instrument for the Role of Health Workers as Role Models of Healthy Living Behavior (Roles As Healthy Model)	2019	Risk Group Food Program Learning Module	2020	Program for Providing Food in Extraordinary Events of Food Poisoning	2020	Feeding Program for Homeless Groups and Orphans	2020	Feeding Program for the Elderly	2020	Feeding Program for People with HIV/AIDS	2020	Bioethics Video Tutorial Scenario 1 "Ethic of Animal Research"	2020	Bioethics Video Tutorial case 1 "Nutrition Services for Malnutrition Children"	2020	Bioethics Video Tutorial Scenario 2 "Ethic of Human Research"	2020	Bioethics Video Tutorial case 3 "Collaboration with MSG Company"	2020	How to Make and Prepare Complementary Food	2020
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Important publications over the last 5 years	Selected recent publications from a total of approx. (give total number): 3		
	Author(s)	Title	Publisher, place of publication, date of publication or name of

			<i>periodical, volume, issue, page numbers</i>
	Happy Kurnia Permatasari, Fahrul Nurkolis, Hardinsyah Hardinsyah, Nurpudji Astuti Taslim, Nindy Sabrina ,Faisal Maulana Ibrahim, Jodi Visnu, Dian Aruni Kumalawati, Sri Awalia Febriana , Toto Sudargo, Melvin Junior Tanner, Isma Kurniatanty, Vincentius Mario Yusuf, Ronald Rompies, Muhammad Rahimi Bahar, Holipah Holipah and Nelly Mayulu	<i>Metabolomic Assay Computational Screening, and Pharmacological Evaluation of Caulerpa racemosa as an Anti-Obesity With Anti-aging by Altering Lipid Profile and Peroxisome Proliferator- Activated Receptor-Y Coactivator 1- alfa Levels</i>	Frontiers Nutrition, Vol 9, 9:939073, Received 8 May 2022, Accepted 7 June 2022
	<i>Toto Sudargo; Bianda Aulia, Atika Anif Prameswari; Alim Isnansetyo; Indun Dewi Puspita; Siti Ari Budiyanti; Rahadyana Muslichah, Tira Aristasari; Sheila Rosmala Putri; and Khusnul Alfionita</i>	<i>Effect of Administration of CHAGURO Made of chayote (Sechium edule) and Tuna (Thunnus sp.)on Rats Induced with Streptozotocin- Nicotinamide and a High-Fat Diet</i>	<i>Current Research in Nutrition and Food Science, Vol. 09, No (1), PP 258-266, Received 18 September 2020, Accepted : 2 January 2021</i>
	Toto Sudargo; Atika Anif Prameswari; Bianda Aulia; Tira Aristasari; Fitria Aninda Ratri; Rahadyana Muslichah; Sheila Rosmala Putri	<i>The effect of a siamese pumpkin and tuna-bases powder (CHAGURO) diet in improving chol/HDLratios inprediabetes individuals with arandomised trial</i>	<i>F1000Research, Vol 10, number 1296, Pp 1-15. First published 20 December 2021. Latest published 23 February 2022</i>
	<i>Any other information : -</i>		
Activities in specialist bodies over the last 5 years	<i>Organisation AIPGI PERSAGI Food And Nutrition Society AIPGI KIGI</i>	<i>Role Head of Standards and Learning Materials Head of Training Secretary Head of the AIPGI Muchtamar Committee Member of committee</i>	<i>Period 2014-present 2014-2019 2019-present 2019 2019-2024</i>

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