

Staff Handbook

| Name | <i>Dr. Siti Helmyati, DCN, M.Kes</i> | | | | | | | | | | | |
|--|--|--|---------------------|----------------------|-----------------|-------------|--|-----------------|-------------|--|--|-------------|
| Post | <i>Community Nutrition</i> | | | | | | | | | | | |
| Academic career | <i>Initial academic appointment</i> | <i>Institution</i> | <i>Year</i> | | | | | | | | | |
| | <i>Bachelor in Science of Nutrition,</i> | <i>Brawijaya University</i> | <i>1999</i> | | | | | | | | | |
| | <i>Master in Public Health, Faculty of Medicine</i> | <i>Gadjah Mada University</i> | <i>2002</i> | | | | | | | | | |
| | <i>Doctor in Science of Health and Medicine, Faculty of Medicine</i> | <i>Gadjah Mada University</i> | <i>2015</i> | | | | | | | | | |
| Employment | <i>Position</i> | <i>Employee</i> | <i>Period</i> | | | | | | | | | |
| | <i>Lecturer</i> | <i>Nutrition Department, Faculty of Public Health, University of Indonesia</i> | <i>2003-present</i> | | | | | | | | | |
| Research and development projects over the last 5 years | <ol style="list-style-type: none"> 1. <i>2018 : Effects of Double Fortification Fe and Zn in Synbiotic Fermented Milk towards the Growth of Stunted Child: An Effort to Achieve Target 2 of Sustainable Development Goals by Utilizing Local Resources</i> 2. <i>2019 : Improving the Quality of Carbohydrate Consumption Through Modification of Staple Foods to Reduce the Prevalence of Type 2 Diabetes Mellitus: Global Nutrition and Epidemiologic Transition (GNET) Study in Indonesia</i> 3. <i>2020 : Development of Online-Based Risk Group Feeding Program (PMKR): An Exploratory Analysis of Student Effectiveness and Admission</i> 4. <i>2020-2021 : Development of Discs and Body Length Mat (GAMA-KiDS) for Early Detection of Stunting in Toddlers Ages 0-24 Months (Population Test in Yogyakarta and Pidie, Aceh)</i> 5. <i>2021 : Healthy Behavior of Pregnant Women and Breastfeeding Mothers: Systematic Review and Analysis of Indonesian Demographic and Health Survey Data (IDHS)</i> | | | | | | | | | | | |
| Industry collaborations over the last 5 years | <table border="1"> <thead> <tr> <th><i>Project title</i></th> <th><i>Partners</i></th> <th><i>Year</i></th> </tr> </thead> <tbody> <tr> <td><i>Food Safety and Sanitation Training for Angkringan Street Vendors (PKL)</i></td> <td><i>PSPG UGM</i></td> <td><i>2019</i></td> </tr> <tr> <td><i>Training for food handlers and innovative posters for the implementation of providing healthy food using a food traffic light</i></td> <td><i>Faculty of Medicine, Gadjah Mada University</i></td> <td><i>2019</i></td> </tr> </tbody> </table> | | | <i>Project title</i> | <i>Partners</i> | <i>Year</i> | <i>Food Safety and Sanitation Training for Angkringan Street Vendors (PKL)</i> | <i>PSPG UGM</i> | <i>2019</i> | <i>Training for food handlers and innovative posters for the implementation of providing healthy food using a food traffic light</i> | <i>Faculty of Medicine, Gadjah Mada University</i> | <i>2019</i> |
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| | <i>system in the canteen of the Faculty of Medicine, Public Health, and Nursing at Gadjah Mada University</i> | | |
| | <i>Counseling on nutrition and food additives at SDN Mejing</i> | <i>SDN Mejing</i> | <i>2019</i> |
| | <i>UKS assistance through nutritional status screening activities, PHBS counseling, food safety, and training for young doctors and nutritionists</i> | <i>Kulon Progo</i> | <i>2019</i> |
| | <i>Resource persons Local fortified food as nutritional intervention for preventing malnutrition</i> | <i>Health Polytechnic of Semarang</i> | <i>2019</i> |
| | <i>Fastrack Funschool nutrition counselor for early childhood / kindergarten children</i> | <i>Center of Human Health and Nutrition, Faculty of Medicine, UGM with PAUD/TK Fastrack Funschool</i> | <i>2019</i> |
| | <i>Commemoration of National Nutrition Day 2021 at Dusun Klangkap II Margoluwih, Kapanewon, Seyegan</i> | <i>Center of Human Health and Nutrition, Faculty of Medicine, UGM</i> | <i>2021</i> |

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| Important publications over the last 5 years | <p><i>Selected recent publications from a total of approx. (give total number): 3</i></p> <table border="1"> <thead> <tr> <th><i>Author(s)</i></th> <th><i>Title</i></th> <th><i>Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers</i></th> </tr> </thead> <tbody> <tr> <td><i>Siti Helmyati, Savira Kiasaty, Anita Winda Amalia, Haifa Sholihah, Mirasari Kurnia, Maria Wigati, A.J. Rohana, Wan Rosli Wan Ishak, Noor Aman Hamid, Vasanti Malik, Frank Hu</i></td> <td><i>Substituting white rice with brown and black rice as an alternative to prevent diabetes mellitus type 2: A case-study among young adults in Yogyakarta, Indonesia</i></td> <td><i>Journal of Diabetes and Metabolic Disorders, 2020, 19(2):749-757</i></td> </tr> <tr> <td><i>Heni Hendriyani, Toto Sudargo, Lely Lusmilasari, Siti Helmyati, Susetyowati, Ricvan Dana Nindrea</i></td> <td><i>Complementary feeding self-efficacy: A concept analysis</i></td> <td><i>Open Access Macedonian Journal of Medical Sciences, 2020, 8(5):11-22</i></td> </tr> <tr> <td><i>Aphrodite Nadya Nurlita, Maria Wigati, Mubasysyir Hasanbasri, Jumarko, Siti Helmyati</i></td> <td><i>Development of Stunting Early Detection Kit for Children under Two Years: Validity and Reliability</i></td> <td><i>Jurnal Gizi Pangan, 2021, 16(1)</i></td> </tr> </tbody> </table> <p><i>Any other information : -</i></p> | <i>Author(s)</i> | <i>Title</i> | <i>Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers</i> | <i>Siti Helmyati, Savira Kiasaty, Anita Winda Amalia, Haifa Sholihah, Mirasari Kurnia, Maria Wigati, A.J. Rohana, Wan Rosli Wan Ishak, Noor Aman Hamid, Vasanti Malik, Frank Hu</i> | <i>Substituting white rice with brown and black rice as an alternative to prevent diabetes mellitus type 2: A case-study among young adults in Yogyakarta, Indonesia</i> | <i>Journal of Diabetes and Metabolic Disorders, 2020, 19(2):749-757</i> | <i>Heni Hendriyani, Toto Sudargo, Lely Lusmilasari, Siti Helmyati, Susetyowati, Ricvan Dana Nindrea</i> | <i>Complementary feeding self-efficacy: A concept analysis</i> | <i>Open Access Macedonian Journal of Medical Sciences, 2020, 8(5):11-22</i> | <i>Aphrodite Nadya Nurlita, Maria Wigati, Mubasysyir Hasanbasri, Jumarko, Siti Helmyati</i> | <i>Development of Stunting Early Detection Kit for Children under Two Years: Validity and Reliability</i> | <i>Jurnal Gizi Pangan, 2021, 16(1)</i> |
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