Staff Handbook

Name	Janatin Hastuti, SSi, MKes, PhD			
Post	Sport Nutrition			
Academic	Initial academic appointment	Institution	Year	
career	Bachelor in Biology, Faculty of Biology	Universitas Gadjah Mada, Indonesia	1992	
	Master in Biomedicine, Faculty of Medicine, Public Health, and Nursing	Universitas Gadjah Mada, Indonesia	2001	
	Postgraduate in Nutrition and Exercise, Faculty of Health Sciences	Queensland University of Technology, Australia	2009	
Employment	Position Lecturer	Employee Medicine Program, Faculty of Public Health, University	Period 1998-2019	
	Lecturer	of Indonesia Nutrition study program, Faculty of Medicine, Public Health, and Nursing Universitas Gadjah Mada	2019-present	
Research and development projects over the last 5 years	1. 2018: Analysis of Body Composition in Full-Term Newborns: The Validity of Anthropometric Techniques with Reference to Dual-Energy X-Ray Absorptiometry (DEXA). 2. 2018: Epigenetic and dietary influences on body composition and growth of preterm infants. 3. 2018: Application of Anthropometric Techniques in the Determination of Body Fat Obesity and the Effect of Perceived Body Size on Adolescents in the Special Region of Yogyakarta. 4. 2019: Trends in weight change and somatotype in adolescents in DI Yogyakarta as a preventive study towards a healthy society. 5. 2021: Relationship between Gender and Age (age at death) with Height in the Gilimanuk Human Skeleton remains. 6. 2021: Epigenetic Effects and Diet on Body Composition and Growth of Low Birth Weight Infants.			

	7. 2022: Preventing the Golden Generation from Stunting and Non-communicable Diseases through Improvement of Adolescent Health 8. 2022: Hand grip strength is associated with somatotype and body mass index in the adult population: A cross-sectional study as an effort to prevent disease during a pandemic			
Industry				
collaborations over	Project title	Partners	Year	
the last 5 years	Analysis of Body Composition in Full-Term Newborns: The Validity of Anthropometric Techniques with Reference to Dual-Energy X-Ray Absorptiometry (DEXA)	Dr. Sardjito General Hospital	2018	
	Epigenetic and dietary influences on body composition and growth of preterm infants	Dr. Sardjito General Hospital; Bhakti Ibu Women's Hospital	2018	
	Application of Anthropometric Techniques in the Determination of Body Fat Obesity and the Effect of Perceived Body Size on Adolescents in the Special Region of Yogyakarta	Junior High Schools in Bantul and Kulonprogo Regencies	2018	
	Trends in weight change and somatotype in adolescents in DI Yogyakarta as a preventive study towards a healthy society	Universitas Gadjah Mada	2019	
	Epigenetic Effects and Diet on Body Composition and Growth of Low Birth Weight Infants Dr. Sardjito General Hospital; Bhakti Ibu Women's Hospital		2021	
	Preventing the Golden Generation from Stunting and Non-communicable Diseases through Improvement of Adolescent Health Primary Schools and Primary Health Centres in Kalibawang, Sentolo, and Samigaluh Districts, Kulonprogo Regency		2019	
	Hand grip strength is associated with somatotype and body mass index in the adult population: A cross-sectional study as an effort to prevent disease during a pandemic Girirejo Hamlet, Imogiri District, Bantul Regency		2020	
Patents and		1		
proprietary rights	Title Year			
	Therapy for coughing — Su-Jok 2022 Therapy			
	Anthropometry for Adults	2022		

Important
publications over the
last 5 years

Selected recent publications from a total of approx.

(give total number): 3

Author(s)	Title	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers	
Prahasti AS, Hastuti J, Rahmawati NT	Hydration status and 60 m sprint performance in students of Yogyakarta Province, Indonesia	Pakistan Journal o Nutrition. 2019; 18 (1) 94-100	
Rahmawati NT, Hastuti J, Muttaqien Z	Correlations Between Anthropometric Measurements, Somatotype and Blood Pressure in Children Aged 7-12 Years in Yogyakarta Province, Indonesia	Pakistan Journal o Nutrition. 2019; 18 (10) 914-921	
Hastuti J, Rahmawati NT, Suriyanto RA, Wibowo, T, Nurani N, Anindita R, Julia M	Comparison of several prediction equations using skinfold thickness for estimating percentage body fat in 12-15-year-old Indonesian children	Pakistan Journal o Nutrition. 2019; 18 (10) 922-929	
Hastuti J, Rahmawati NT, Suriyanto RA, Wibowo, T, Nurani N, Julia M.	Patterns of body mass index, percentage body fat, and skinfold thicknesses in 7 to 18 year old children and adolescents from Indonesia	International Journal of Preventive Medicine. 2020: 11(1): 129	
Gunadi, Juwitasari T, Damayanti NNR, Kaniashari DS, Kencana SMS, Hastuti J	Growth outcomes in Hirschsprung disease patients following pull- through	Medical Journal of Malaysia. 2020. 70 (1): 28-31.	
Gabriela GC, Geometri ET, Santoso GE, Athollah K, Fauzi AR, Hastuti J, & Gunadi	Long-term growth outcomes in children with Hirschsprung disease after definitive surgery: A cross-sectional study	Annals of Medicine and Surgery. 2020; 59, 176- 179	
Purba ERV, Lusmilasari L, Hastuti J	School health promotion: a quasi- experimental study on clean and healthy living behavior among elementary students in	Balitung Nursing Journal. 2020; 6(6): 220 225	

	Wibowo T, Nurani N, Hastuti J, Anggraeni A, Susilowati, Hakimi M, Julia M, van	Jayapura, Papua, Indonesia Maternal and Neonatal factors affecting bone mineral content of Indesian term	Frontiers in Pediatrics,. 2021	
	Nurani N, Wibowo T, usilowati R, Hastuti J, S, Hakimi M, Julia M, van Weissenbruch MM	newborns Growth of exclusively breastfed small for gestational age term infants in the first six months of life: a prospective cohort study	BMC Pediatrics, 2022; 22:73	
	Kusila GR, Rahmawati NT, Hastuti, J	The Components of Height and Blood Pressure in Javanese Children	Malaysian Journal of Medicine and Health Sciences; 2022; 18 (3): 30-35	
	Bintoro MI, Rahmawati NT, Hastuti J, Muttaqien Z	Changes in sitting height ratio of Yogyakarta children aged 7-15 years	Azerbaijan Medical Journal, 2022; 62 (06): 1817-1825	
	Any other information : -			
Activities in specialist bodies over the last 5	Organisation	Role	Period	
years	Biosafety Committee At Faculty of Medicine, Public Health, and Nursing UGM	biosafety officer team member	2017 - now	
	Membership without a specific role need not be mentioned			