

Staff Handbook

Name	Fasty Arum Utami		
Post	Food Service Management		
Academic career	Initial academic appointment	Institution	Year
	Master (Nutrition and Health Sciences)	Taipei Medical University, Taiwan	2014-2016
	Bachelor (Nutrition and Health)	Universitas Gadjah Mada, Indonesia	2007-2011
Employment	Position	Employer	Period
	Lecturer	Department of Nutrition and Health, Faculty of Medicine, Public Health, and Nursing, Universitas Gadjah Mada	2018-now
Research and development projects over the last 5 years	<ol style="list-style-type: none"> 1. Development of Soybean Tempe Nuggets as a Substitution for Medan Anchovy and Jengki Anchovy: An Alternative Local Food Source of Protein. 2021-2022. Collaboration with PT Urchindize Indonesia. Financing amount Rp 10.000.000. 2. Nourishing Locals: Social Enterprise Empowerment in the Culinary Sector. 2021. Collaboration with PT Nutri Choco Nusantara, Pengilon Restaurant, Bimasena Catering, Mantap Diet Catering, Barrypopo.co. Catering, and Kin Donut Bakery. Financing amount Rp 40.000.000. 3. Development of Healthy Products for SMEs: From Research Findings to Consumer Market. 2021. Financing amount Rp 3.000.000. 4. Nourishing the Local Community: Empowering Alumni of Nutrition and Health Sciences UGM through Social Enterprise Mentorship. Collaboration with Bimasena Catering, Mantap Diet Catering, and Barrypopo.co. Catering. 2020. Financing amount Rp 40.000.000. 5. Online Class: #sehatitugampang Smart Families, Quality Generations. 2020. Financing amount Rp 3.000.000. 6. The Effectiveness of Online-Based Family Nutrition Education among Young Couples. 2019. Financing amount Rp 12.500.000. 7. Promoting the Mediterranean Diet as an Alternative for Weight Loss and Prevention of Degenerative Diseases through Education and Cooking Demonstrations among Communities in Yogyakarta City. 2019. Financing amount Rp 4.500.000. 		

<p>Industry collaborations over the last 5 years</p>	<ol style="list-style-type: none"> 1. Development of Soybean Tempe Nuggets as a Substitution for Medan Anchovy and Jengki Anchovy: An Alternative Local Food Source of Protein. 2021-2022. Collaboration with PT Urchindize Indonesia. 2. Nourishing Locals: Social Enterprise Empowerment in the Culinary Sector. 2021. Collaboration with PT Nutri Choco Nusantara, Pengilon Restaurant, Bimasena Catering, Mantap Diet Catering, Barrypopo.co. Catering, and Kin Donut Bakery. 3. Nourishing the Local Community: Empowering Alumni of Nutrition and Health Sciences UGM through Social Enterprise Mentorship. 2020. Collaboration with Bimasena Catering, Mantap Diet Catering, and Barrypopo.co. Catering. 4. e-Balita Application: Application for Monitoring Nutritional Status of Toddlers as an Early Detection of Stunting in Yogyakarta. 2019. Collaboration with PT Taman Wisata Candi. 												
<p>Patents and proprietary rights</p>	<table border="1"> <thead> <tr> <th data-bbox="450 770 919 801">Title</th> <th data-bbox="919 770 1474 801">Year</th> </tr> </thead> <tbody> <tr> <td data-bbox="450 824 919 900">1. Guidebook of complementary feeding</td> <td data-bbox="919 824 1474 900">2023</td> </tr> <tr> <td data-bbox="450 900 919 976">2. Education Innovation in Indonesia. Book.</td> <td data-bbox="919 900 1474 976">2022</td> </tr> <tr> <td data-bbox="450 976 919 1097">3. Food Service Management in Hospital. Instructional video.</td> <td data-bbox="919 976 1474 1097">2020</td> </tr> <tr> <td data-bbox="450 1097 919 1173">4. Culinary Nutrition. Instructional video.</td> <td data-bbox="919 1097 1474 1173">2020</td> </tr> <tr> <td data-bbox="450 1173 919 1294">5. Nutrition Value of Traditional Food in Yogyakarta. Book</td> <td data-bbox="919 1173 1474 1294">2018</td> </tr> </tbody> </table>	Title	Year	1. Guidebook of complementary feeding	2023	2. Education Innovation in Indonesia. Book.	2022	3. Food Service Management in Hospital. Instructional video.	2020	4. Culinary Nutrition. Instructional video.	2020	5. Nutrition Value of Traditional Food in Yogyakarta. Book	2018
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<p>Important publications over the last 5 years</p>	<ol style="list-style-type: none"> 1. Palupi IR, Fitasari RP, Utami FA. Knowledge, attitude and practice of hygiene and sanitation among food-handlers in a psychiatric hospital in Indonesia - a mixed method study. J Prev Med Hyg. 2021 Jan 14;61(4):E642-E649. doi: 10.15167/2421-4248/jpmh2020.61.4.1526. 2. MARDIANINGSIH, Nurhasanah; UTAMI, Fasty Arum; PALUPI, Ika Ratna. Capaian standar pelayanan minimal gizi di Rumah Sakit Umum Daerah (RSUD) Manokwari Papua Barat. Jurnal Gizi Klinik Indonesia, [S.l.], p. 152-167, apr. 2020. ISSN 2502-4140. 3. Utami, FA.; Lee, HC.; Su, CT.; Guo, YR.; Tung, YT.; Huang, SY. Effects of Calorie Restriction Plus Fish Oil Supplementation on Abnormal Metabolic Characteristics and The Iron Status of Middle-Aged Obese Women. Food & Function Journal. 2018. 9(2):1152-1162 (doi: 10.1039/c7fo01787a). 												
<p>Activities in specialist bodies over the last 5 years</p>	<table border="1"> <thead> <tr> <th data-bbox="450 1800 746 1832">Organisation</th> <th data-bbox="746 1800 1193 1832">Role</th> <th data-bbox="1193 1800 1474 1832">Period</th> </tr> </thead> <tbody> <tr> <td colspan="3" data-bbox="450 1886 1474 1917">Membership without a specific role need not be mentioned</td> </tr> </tbody> </table>	Organisation	Role	Period	Membership without a specific role need not be mentioned								
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