

## Staff Handbook

Name	<i>Farah Faza, S.Gz, M.Gizi</i>		
Post	<i>Functional food</i>		
Academic career	<i>Initial academic appointment</i>	<i>Institution</i>	<i>Year</i>
	<i>Master degree (Community Nutrition)</i>	<i>University of Indonesia</i>	<i>2019</i>
	<i>Undergraduate degree (Nutrition and Health)</i>	<i>Universitas Gadjah Mada</i>	<i>2012</i>
Employment	<i>Position</i>	<i>Employer</i>	<i>Period</i>
	<i>Junior Lecturer</i>	<i>Department of Nutrition and Health, Universitas Gadjah Mada</i>	<i>2023 – Present</i>
	<i>Field Supervisor</i>	<i>Human Nutrition Research Center, Faculty of Medicine, University of Indonesia</i>	<i>2020 – 2022</i>
Research and development projects over the last 5 years	<i>Name of project - Position</i>	<i>Period</i>	<i>Partners/Funding</i>
	<i>CHANGE-Project (Supplementation of multi-micronutrient to prediabetes adults) – as Field Supervisor</i>	<i>2020-2022</i>	<i>Blackmores Institute Australia</i>
	<i>Development of local food-based enteral product to improve nutritional status for hospitalized patients and during recovery – as Research Assistant</i>	<i>2017-2019</i>	<i>Indonesian Ministry of Research, Technology and Higher Education</i>
	<i>Development of Indonesia Healthy Eating Indeks as a prevention of noncommunicable diseases – as Research Assistant</i>	<i>2017</i>	<i>Indonesian Ministry of Research, Technology and Higher Education</i>
Industry collaborations over the last 5 years	<i>Project title</i>	<i>Partners</i>	
	<i>Business plan coaching and capacity building for human resources as an escalating process of Syuhada Diet Catering in Yogyakarta (2023)</i>	<i>Syuhada Catering – Yogyakarta</i>	
	<i>Interactive nutrition education and counselling for diet adherence improvement in post-stroke patient community (2018)</i>	<i>Happy Embung (Indonesia Stroke Foundation/Yastroki) – Yogyakarta</i>	
Patents and proprietary rights	<i>Title</i>	<i>Year</i>	
	<i>Kuesioner Indeks Pola Makan Sehat Indonesia (Questionnaire of Indonesia Healthy Eating Index)</i>	<i>2021</i>	

	<p><i>Peran Gizi dalam Pencegahan Penyakit Tidak Menular</i> 2018 (Nutrition's role in the prevention of noncommunicable diseases)</p> <p><i>Gizi pada Penyakit Ginjal Kronis (Nutrition for Chronic Kidney Diseases Patient)</i> 2017</p>		
Important publications over the last 5 years	<i>Author(s)</i>	<i>Title</i>	<i>Others</i>
	<i>Faza F, Bafani UFF, Fikha I</i>	<i>Ultra-processed food can be a mediator between food security status and overweight or obesity among adults: A literature review</i>	<i>Amerta Nutrition, 2023;7(1);161–174. <a href="https://doi.org/10.20473/amnt.v7i1.2023.161-174">https://doi.org/10.20473/amnt.v7i1.2023.161-174</a></i>
	<i>Susetyowati, Dwidanarti SR, Pangastuti R, Wulandari H, Faza F, Sanubari NDG</i>	<i>The effect of nutrition counseling on nutritional status for breast cancer patients in dr. Sardjito Hospital, Indonesia</i>	<i>The Indonesian Journal of Nutrition. 2021;10(1):61-71</i>
	<i>Faza F and Susetyowati S</i>	<i>Factors Associated with Dyslipidemia among Healthy Adults in Three Types of Dwelling Area: A Cross-sectional Study in Yogyakarta, Indonesia</i>	<i>Metabolism: Clinical and Experimental (supplementary). 2020. <a href="https://doi.org/10.1016/j.metabol.2020.154585">https://doi.org/10.1016/j.metabol.2020.154585</a></i>
	<i>Susetyowati S, Huriyati E, Kandarina I, Muhammad HFL, Faza F</i>	<i>Prevalence and determinants of high blood glucose in urban and rural Indonesian adult population</i>	<i>Int J Diabetes Dev Ctries. 2019. <a href="https://doi.org/10.1007/s13410-019-00721-6">https://doi.org/10.1007/s13410-019-00721-6</a></i>
	<i>Palupi IR, Susetyowati, Meltica R, Faza F</i>	<i>Feeding practice and nutritional status among children under five years of age in Sleman District, Yogyakarta, Indonesia</i>	<i>Pakistan Journal of Nutrition. 2019;18:888-894. <a href="https://scialert.net/abstract/?doi=pjn.2019.888.894">https://scialert.net/abstract/?doi=pjn.2019.888.894</a></i>
Activities in specialist bodies over the last 5 years	<p><i>Organisation Role Period</i></p> <p><i>Membership without a specific role need not be mentioned</i></p>		