Staff Handbook

Name	Dr. dr. Emy Huriyati, M.Kes		
Post	Community Nutrition		
Academic	Initial academic appointme	nt Institution	Year
career	Medical Doctor, Faculty of Medicine	Universitas Gadjal Mada	n 1997
	Master in Public Health, Fa	culty Universitas Gadjal Mada	2004
	Doctoral in Medical and He Faculty of Medicine	alth, Universitas Gadjal Mada	n 2016
Employment	Position	Employee	Period
	Lecturer	Nutrition study program, Faculty o Medicine, Universitas Gadjal Mada	2002-present
	General Practitioner	Korpagama Clinic, Universitas Gadjal Mada	2016-nresent
Research and development projects over the last 5 years	1. 2018: Effect of SGPC Program Delivery: School Nutrition for Smart Women, on Nutrition Knowledge, Nutrition Intake, Consumption Pattern, Body Image and Physical Activity in Adolescent Girls as an Agent of Accelerating the First 1000 Days Life 2. 2019: Effect of Rosella (Hibiscus sabdariffa Linn) In Type 2 Diabetes Mellitus Patients with Genetic Variation of Uncoupling Protein-2 3. 2020: Effectiveness of Communication, Information, Education Model (IEC) Model on Stunting in the First 1000 Days of Life in Central Aceh District 4. 2021: Android-based Application Development for Diabetes Mellitus Type 2 Patients with Approach 4 Pillars of Diabetes Management 5. 2022: Evaluation of the Effectiveness and Role of the Business Setting in Addressing Stunting in Yogyakarta City		
Industry			
collaborations over the last 5 years	Project title Adolescent reproductive health education in Kampong Anak Sejahtera Program (Speaker)	Partners Food Bank Indonesia	2018

	11.2		
	Current DM management from Medical, Oral health and Nursing care perspectives (Speaker)	Sleman Health Office	2019
	Exclusive breastfeeding training for health cadres (Speaker)	Faculty of Medicine, Public Health, and Nursing, UGM	2020
	Effective and easy diet arrangement in obese patients (Speaker)	Indonesian Society of Anti-Aging, Wellness, Aesthetic & Regenerative Physicians	2021
	The Gut Microbiome in Anti-Aging (Speaker)	Indonesian Society of Anti-Aging, Wellness, Aesthetic & Regenerative Physicians	2022
	Stunting prevention efforts with Optimizing the Health of Prospective Brides and Mothers Pregnant (Speaker)	Indonesian Medical Association in Bantul, Yogyakarta	2022
	Strengthening the Quality of Nutrition and Medical Laboratory Technology Study Programs with Good and No Accreditation (Speaker)	Secretariat of the Indonesian Association of Higher Education Institutions in Nutrition (AIPGI), Indonesian Nutrition Vocational Education Association (AIPVOGI), Association of Higher Education Institutions of Medical Laboratory Technology	2022
	Efforts to Prevent Early Stunting and Disease Degenerative Diseases as an Adult Based on Food Local (Speaker)	Indonesia (AIPTLMI) Padang Polytechnic College	2022
	Mask Class 2.0: Scaling Up Revitalization Posbindu as an Equity Measure health services in Seyegan sub-district (PI)	 Faculty of Medicine, Public Health, and Nursing, UGM Seyegan Health Center 	2022
Patents and			
proprietary rights	Title The Role of Nutriti Communicable Prevention Efforts Iron Deficiency Anen Module for Head Workers Feeding Progra	Disease nia Training 2019 Ith Center	Year
	Extraordinary Event Poisoning	=	

Food Providing Program for Homeless and Orphan Groups	2020	
Work Nutrition	2020	
SQ-FFQ Questionnaire Filling Tutorial	2020	
Feeding Program for the Elderly	2020	
Feeding Program for People with HIV/AIDS	2020	
Risk Group Food Program Learning Module	2020	
Flip Chart the Role of Balanced Nutrition in the First 1000 Days	2020	
Refresher Training Module for Posyandu and TPK Cadres on the Development of IYCF Counseling Activities in Bantul District	2022	
Video of Stunting Program Implementation at Posyandu, Puskesmas and Health Office	2022	
Balanced Nutrition Education Module for Stunting Prevention	2022	
Process of Making Banana Klutuk (Musa Balbisiana Colla) Flour with Iron Fortification	2023	

Important
publications over the
last 5 years

Selected recent publications from a total of approx.

(give total number): 3

Author(s)	Title	Publisher, place of publication, date of publication or name of periodical, volume, issue, page numbers
Susiana Candrawati, Emy Huriyati, Zaenal Muttaqien Sofro, Lantip Rujito	High-intensity Interval Training Improves Inflammatory Mediators in Obese Women: Based on the Study of the UCP2 Ala55Val Gene	Open Access Maced J Med Sci 2021 Oct 10. Vol 9, 871 -875
Sunarti Sunarti, Dianandha Septiana Rubi, Abrory Agus Cahya Praman, Emy Huriyati, Umar Santoso	The Benefits of High- Resistant Starch and Beta- Carotene Snack in Ameliorating Atherogenic Index and Inflammation in Obesity	Open Access Macedonian Journal of Medical Sciences 18 July 2022, Vol 10 No 2, 1767- 1772
Sunarti. Umar Santoso, Dianandha Septiana Rubi, Abrory Agus Cahya Pramana, Emy Huriyat	ory Agus Cahya Pramana, Emy Huriyati, Impacts of High-Fiber Snack on Satiety Hormonal Responses and Glucose Homeostasis in Healthy Volunteers	Current Nutrition & Food Science 2023, vol 19, No 3, 291 -299

	Any other information : -		
Activities in specialist	Organisation	Role	Period
bodies over the last 5 years	Quality Assurance of Faculty of Medicine, Universitas Gadjah Mada	Secretary of the Quality Assurance	2008-present
	Professional Conduct Committee of Faculty of Medicine, Universitas Gadjah Mada	Member of Professional Conduct Committee	2017-present
	Ethics Committee of Faculty of Medicine, Universitas Gadjah Mada	Member of Ethics Committee	2018-present
	Membership without a specific role need not be mentioned		tioned